

## Frailty

Most of these resources require you to log in with your OpenAthens account to gain full access.

If you don't have an OpenAthens account, just click [here](#) - registration only takes a few minutes to complete.

### **NICE**

Dementia, disability and frailty

<https://pathways.nice.org.uk/pathways/dementia-disability-and-frailty-in-later-life-mid-life-approaches-to-delay-or-prevent-onset>

Multimorbidity

<https://pathways.nice.org.uk/pathways/multimorbidity>

Preventing falls

<https://pathways.nice.org.uk/pathways/preventing-falls-in-older-people>

### **Other guidance**

Australian and New Zealand Society for Geriatric Medicine Position Statement No 22 Frailty in Older People

<http://www.anzsgm.org/documents/PositionStatementNo22FrailtyinOlderPeople.pdf>

Frailty in Older Adults - Early Identification and Management (British Columbia)

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/frailty>

### **NIHR**

Comprehensive Care: Older people living with frailty in hospitals

<https://www.dc.nihr.ac.uk/themed-reviews/Comprehensive-Care-final.pdf>

### **UpToDate**

Frailty

[https://www.uptodate.com/contents/frailty?search=frailty&source=search\\_result&selectedTitle=1~111&usage\\_type=default&display\\_rank=1](https://www.uptodate.com/contents/frailty?search=frailty&source=search_result&selectedTitle=1~111&usage_type=default&display_rank=1)

### **ClinicalKey**

Walston Jeremy D., 25 - **Frailty as a Clinical Marker of Vulnerability in Older Adults** Common *Clinical Sequelae of Aging*. Goldman-Cecil Medicine (Twenty-Fifth Edition), edited by Goldman Lee MD, Schafer Andrew I. MD, 2016, Pages 106-110.e2,

<https://www.clinicalkey.com#!/content/book/3-s2.0-B9781455750177000258>

### **Articles**

Identification of older adults with frailty in the Emergency Department using a frailty index: results from a multinational study.

<https://www.ncbi.nlm.nih.gov/pubmed/29165543?dopt=Abstract>

Stakeholders' views and experiences of care and interventions for addressing frailty and pre-frailty: A meta-synthesis of qualitative evidence

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5516973/>

Fried L et al (2004) Untangling the concepts of disability, frailty, and comorbidity: implications for improved targeting and care. *Journals of Gerontology Series A: Biological Sciences and Medical Sciences* 2004;59(3):255-63.

Pel-Littel RE. et al. (2009). Frailty: defining and measuring of a concept. *Journal of Nutrition, Health and Aging* 13(4):390-4.

### **Books available at EKHUFT Libraries**

Masiero S & Carraro U. (2018) *Rehabilitation medicine for elderly patients* Cham: Springer.

Michel J-P et al. (2018) *Oxford textbook of geriatric medicine* 3rd ed. Oxford: Oxford University Press

Nickel C et al. (2018) *Geriatric emergency medicine* Cham: Springer Nature,

Kogan M (2018) *Integrative geriatric medicine* New York: Oxford University Press